



# Kids With Arthritis New Zealand NEWSLETTER DECEMBER 2019

[WWW.KIDSWITHARTHRITIS.ORG.NZ](http://WWW.KIDSWITHARTHRITIS.ORG.NZ)

COME JOIN IN THE FUN WITH KWANZ

## FUNDRAISING FOR KIDS WITH ARTHRITIS NZ

A great way to spread the word around New Zealand about Juvenile Arthritis and other auto immune conditions is to support Kids With Arthritis NZ and run an awareness fundraising activity.

Giving your time and energy to fundraise can be rewarding and fun, especially if you get your family, friends, child's school, sport club or work colleagues involved.

Please also contact KWANZ if you know of a company that would like to sponsor a KWANZ project.

100% of all money raised will go back to the KWANZ children.

There are many exciting ways you can fundraise. You can run a coin trail, mufti day, car wash, sausage sizzle, busking, quiz night, GO BLUE at work, BLUE high tea, BLUE cupcake stall – the ideas are endless.

Together we make a difference for our CHILDREN WITH ARTHRITIS and OTHER AUTO IMMUNE CONDITIONS.

## KWANZ's Wellington Christmas Event



Contact Robyn:-  
[kwanz.executive@gmail.com](mailto:kwanz.executive@gmail.com)  
 OR Mobile:- 021 1704 257

YOU MAY LIKE TO INSPIRE OTHERS AND POST YOUR KWANZ FUNDRAISER PHOTO ON OUR SOCIAL MEDIA SITES

**INSTAGRAM** @kids\_with\_arthritis\_nz

**FACEBOOK** kidswitharthritis kwanz

Hugo Charitable Trust has generously sponsored the Kids With Arthritis NZ Christmas Parties throughout NZ.

A very big thank you to Hugo Charitable Trust.  
[www.hugocharitabletrust.nz](http://www.hugocharitabletrust.nz)

# Teens, come sail away on Spirit of Adventure

This special 5 Day voyage provides an opportunity for physically challenged young New Zealanders to take part in an adventure of a lifetime. Thirty young people from around New Zealand, that are **aged 16-20 years**, come together to face challenges outside of their usual boundaries, gaining confidence and achieving tasks that previously might have looked impossible.

The annual Inspiration voyage is sponsored by the combined Lions Clubs of New Zealand, led by the Karori Lions Club.

The cost per person for the year 2020 is \$615.00. Funding may be available through the 'Halberg Trust Sport Opportunity Fund'. Visit [www.halberg.co.nz](http://www.halberg.co.nz) for more information.

**VOYAGE DEPARTS** 23<sup>rd</sup> Feb 2020  
**Wellington**  
**VOYAGE RETURNS** 28<sup>th</sup> Feb 2020  
**Wellington**

Inspiration voyage participants are partnered with a support person (usually one to three ratio). Support personnel are recruited from experienced Spirit volunteers who have



participated in 10 Day voyages. They offer support and personal assistance to the participants as required.

## Unique voyage focuses on the following life skills activities

- building self-confidence - climbing the mast, swimming alongside
- developing leadership skills - putting up the sails
- communicating with new people
- learning to be resilient - helping clean the ship
- working in teams - rafting ashore
- dealing with close confines - sleeping in bunks

- learning new skills - sailing the small boats

To find out more out more and register your interest visit:-  
[www.spiritofadventure.org.nz/voyages/voyage/inspiration](http://www.spiritofadventure.org.nz/voyages/voyage/inspiration)

### PLEASE NOTE

Kids With Arthritis NZ will assist you in preparing your application. KWANZ will be your Nominating Organization

For assistance contact:- Phil Donnelly

[President.kwanz@gmail.com](mailto:President.kwanz@gmail.com)



*Many of our KWANZ children have experienced this wonderful trip with Koru Care NZ*

## Koru Care NZ - California Adventure

The FREE trip is 2 weeks in duration in October and the group consists of 26 children and 15 caregivers with each caregiver assigned 2 children. The Annual Koru Care California trip is for 7-14 year olds. Applications to Koru Care will be accepted at any time during the year.

Parents cannot attend.

The Koru Care application form is found on the Koru Care NZ website. On your application form please add "Referred by KWANZ" [www.korucare.co.nz/california-adventure/](http://www.korucare.co.nz/california-adventure/)

The group has a 3 day pass at the "Happiest Place on Earth" – Disneyland and California Adventure.

Universal Studios, Knott's Berry Farm, SeaWorld in San Diego and the San Diego Zoo are also on the itinerary.

The California Highway Patrol in San Diego and the LA Coast Guard Air Station are more fun places they visit.

With all this activity the kids have a chance to relax. They can spend the afternoon relaxing by the hotel pool or head down to Venice or Huntington Beach, they can also go shopping, Target, Walmart and Toys 'R' Us are not far away.



# A KWANZ Teenager's Magical Trip

By Tasmyn Bradley KWANZ Teenager

## Tasmyn Bradley - Koru Care Christchurch Charitable Trust – Koru Care California USA Trip 2019

When I first found out I was selected to go away with Koru Care Christchurch Charitable Trust to California on the 5th - 19th October I was super excited and couldn't stop thinking about all the amazing things we were going to do and all the cool things I would be able to experience.

All my friends and family were also extremely excited and supportive of me. I was kind of nervous to meet everyone at the pre-trip catch up before going away but I quickly learned that everyone was super cool to be around and were also in a similar situation to me.

I loved everything, but the personal highlights for me were going to Disneyland, California Adventureland, watching the LA Kings play at the Staples Centre and Shopping. My favourite rides were the Incredicoaster, Carsland Racing and the Guardians of The Galaxy which was extremely scary but we all came off wanting to do it again.

I am especially grateful to be able to experience what it was like to be inside of the Staples Centre in a corporate box watching and cheering along the LA Kings. Just being in that atmosphere was the most incredible thing ever and I know for sure that I will never forget it.

I really don't know how to thank Koru Care Christchurch Charitable Trust enough. I will be forever grateful for everything they have done to make this trip possible. I know for sure that the future groups of kids or any with JIA are going to have just as much fun and this trip will change their life as it did for me.

A humongous thank you to Robyn from Kids with Arthritis NZ who helped with the information about this magical trip. Without you I would have never known about it or applied!

Love Tasmyn Bradley x



## Ronald McDonald Family Retreat House - Rotorua

Ronald McDonald Family Retreat provides **one week of free holiday accommodation and activities** for families who have experienced the impact of a chronic/long term illness or bereavement in their family.

For the many families who have gone through weeks, months or even years preoccupied with their child's medical journey, RMHC New Zealand can provide a welcomed break so these families can spend some time together at our beautiful Ronald McDonald Family Retreat.

The Family Retreat consists of two houses which are situated on the shores of Lake Rotorua – R & B Lodge and Lions Lodge. Both houses are identical and located on the same property. The accommodation sleeps up to 8 people.

Many of our KWANZ families have enjoyed this wonderful opportunity, spending a week of quality time and fun together.

Visit the website for more details: - <https://rmhc.org.nz/stay-with-us/family-retreats/>  
OR contact Robyn for more details [kwanz.executive@gmail.com](mailto:kwanz.executive@gmail.com)



# KWANZ NOTICEBOARD

## Juvenile Arthritis Presentation for Schools

Kids With Arthritis NZ commissioned a video to educate teachers about the challenges that children with arthritis have when attending school.

The presentation pack that you would leave with your child's school includes a DVD and flash drive of the video, more information about arthritis in children, and details of the support that KWANZ provides.

This is an excellent resource that we would like to present to as many schools as possible. KWANZ offer support and suggestions on how to present this fantastic resource.

Contact Robyn:-  
[kwanz.executive@gmail.com](mailto:kwanz.executive@gmail.com)  
OR  
Mobile:- 021 1704 257

## Kids With Arthritis NZ Wristbands

KWANZ silicone wristbands are a great way to let people know that, 'EVEN KIDS GET ARTHRITIS'.

### DESCRIPTION

The KWANZ purple wristbands are silicone with the words 'EVEN KIDS GET ARTHRITIS' and have the KWANZ website [www.kidswitharthritis.org.nz](http://www.kidswitharthritis.org.nz)

### ADULT

The adult sized silicone wristbands have a circumference that measures 20cm and is 1.2cm wide. **Cost \$2.00 each.**

### CHILD

The child sized silicone wristbands have a circumference that measures 17cm and is 1.2cm wide. These would be suitable for children 4 to 10 years approx. **Cost \$2.00 each.**

Place your order with Robyn:-  
[kwanz.executive@gmail.com](mailto:kwanz.executive@gmail.com)



## Kids With Arthritis NZ Up-coming events

Kids With Arthritis NZ's first South Island 2020 Summer event is on the 22<sup>nd</sup> February 2020 at Living Springs in Christchurch. Please see information below for details. Come join in the fun.

We are looking at having more events in the South Island soon.

If you have ideas of where our KWANZ families can have fun together in your city please contact Robyn with your ideas.  
(M) 021 1704 257  
[executive.kwanz@hotmail.co.nz](mailto:executive.kwanz@hotmail.co.nz)



## KWANZ Christchurch Summer Event 2020



**RSVP 4<sup>th</sup> February 2020**  
By text or email to Robyn  
[executive.kwanz@hotmail.co.nz](mailto:executive.kwanz@hotmail.co.nz)  
Mobile:- 021 1704 257

\* Criteria - Free entry for two Guardians, KWA child any age, & siblings (full, half, step & foster) under 18 years old. 18+ siblings are welcome but there will be a small cost that will need to be paid prior to event.

**WHERE:- LIVING SPRINGS - Christchurch**  
218 Bamfords Road, Allandale

**WHEN:- Saturday 22<sup>nd</sup> February 2020**

**TIME:- 10.30 am to 4pm approx.**

**COST:- FREE to all KWANZ immediate family members.** (\*Criteria applies).

**COME JOIN IN THE FUN WITH KWANZ**

- ✓ Swimming Pool and Water Slide
- ✓ Archery Tag
- ✓ Lunch
- ✓ Catch up with old friends and make NEW friends



KWANZ events generously sponsored by Hugo Charitable Trust

- \* Bring your own drink bottle, sunhat & sunscreen.
- \* Bring a plate of food to share. Please indicate if it is:- Gluten Free, Dairy Free, Vegetarian etc.
- \* Bring a swim suite and towel. Indicate who will be getting wet!
- \* Nachos Lunch provided.
- \* Indicate if you have a particular dietary requirement.
- \* A capped travel contribution will be available for out of Christchurch members.
- \* Please let us know ALL attending. NAMES & AGES



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even kids get arthritis